The Motivation Level of Male and Female Academicians
a Comparative Study (Special Concern to Professional
Academicians)

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Abstract—Motivation in simple terms may be understood as
the set of forces that cause people to behave in certain ways. A
motivated academician generally is more quality oriented.
Highly motivated employees are more productive than
apathetic employee, one reason why motivation is a difficult
task is that the workforce is changing. Employees join
institutions with different needs and expectations. Their values,
beliefs, background, lifestyles, perceptions and attitudes are
different. Not many institutions have understood these and not
many HR experts are clear about the ways of motivating such
diverse workforce. The present paper is an attempt to identify
the factors determining the motivational level of male and
female academicians.

Index Terms—Motivation, Academician, Psychological
Androgyny

I. INTRODUCTION

Now a day’s employees have been hired, trained and
remunerated and also need to be motivated for better
performance. Motivation in simple terms may be understood
as the set or forces that cause people to behave in certain
ways. People are motivated rewards something they can
relate to and something they can believe in. Times have
changed People wants more. Motivated employees are
always looking for better ways to do a job. It is the
responsibility of managers to make employees look for better
ways of doing their jobs.

Individuals differ not only in their ability to do but also in
their determinations to do, or motivation managers who are
successful in motivating employees are often providing an
environment in which appropriate goals are available for
needs satisfaction. Retaining and motivating workers
requires special attention and the responsibility falls squarely
on the shoulders of HR as well as managers and supervisors
at all level. They have to create a work environment where
people enjoy what they do, feel like they have a purpose and
they are motivated to work even harder so they won’t let the company down.

Motivation is essential for any institution because
employees are the pertinent intellectual Assets of company.
Motivation is important for the growth of employees as well
as for contributing organizational productivity.

II. RESEARCH PROBLEM:
In present research the problem is “To compare the level of
motivation among male and female professional
academicians”.

III. OBJECTIVES OF THE STUDY:
The present study will be carried out by keeping in view the following objectives.
1) To compare the level of motivation among male and female academicians
2) To analyze the implication of Maslow’s need hierarchy
   and Herzberg’s two factor theory on professional
   academicians.
3) To analyze the weight of each factor in order to find out
   what is the preference of professionals for achieving
   higher level of motivation

IV. REVIEW OF LITERATURE
The extensive literature has been surveyed for making the research purposeful. According to Smita Kulkarni as
discussed in her article (Employee Motivation, Global CEO,
November 2005, Volume VII) balancing the demand of the changing market with work specific facility/need/demand of
the academicians for reasonable assistance / treatment and
respect is becoming increasingly difficult. According to
Radha Mohan Chebolu (Employee Empowerment – A work
place strategy for Motivation, HRM Review, February 2005,
volume VI) the concept of “employee empowerment” in the
corporate world is about the need for a revolutionary,
integrated, employee oriented leadership philosophy, with an
emphasis on transformation of an institution by tapping the
full potential of every employee.

There is a study by Fiona J.  Lacy & Barry A. Sheehan
(University of Melbourne, Parkville, Australia) it examined
aspects of academics’ satisfaction with their jobs across the
eight nations (Australia, Germany, Hong Kong, Israel,
Mexico, Sweden, UK, USA). Interesting patterns emerged
across countries reflecting differences in the international

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Mark R. reviewed regarding self-related motives (self-enhancement, self-verification, and self-expansion) and self-conscious emotions (guilt, shame, pride, social anxiety, and embarrassment), with an emphasis on how these motivational and emotional aspects of the self might be related. The research work of Kathy J. Young and Theresa J.B. Kline examined the effects of perceived 1) self-efficacy, 2) outcome-efficacy, and 3) feedback on motivation to improve university teaching through teaching development workshops.

As per Middlebrook-Stangl, Ann there is relationship between androgyny and self-esteem. Androgyny research is cited that showed a distinct class of people whose sex-role adaptability allowed them to use male and female behaviors in a way that promoted flexibility and independence. It is noted that increased self-esteem may be hypothesized to accompany such flexibility.

Ellen Piel Cook University of Cincinnati who discussed Androgyny represents a combination of personality characteristics traditionally associated with men (masculine) and those associated with women (feminine). This critical review provides an overview of basic assumptions, measures, research topics, and results of research in the androgyny literature. In particular, research on developmental perspectives emphasizes the importance of focusing upon how individuals systematically maintain and modify their perceptions and experiences as men and women over the life span. The impact of client and practitioner femininity and masculinity upon the counseling process remains poorly understood. Researchers and practitioners alike should recognize the complexity of sex-role-related phenomena, including the importance of situational factors and the role of individual differences in accounting for sex role behavior and adjustment.

Aldora G. Lee and Vernene L. Scheurer said although psychological androgyny has been theoretically related to greater interpersonal and situational adaptability, the relationship between the two has not been articulated.

An interesting exception in Bailey, et al (1997) was that women who described themselves as masculine were more likely to request masculine partners. This may in part be due to the well supported theory that similarity promotes interpersonal attraction (Feingold, 1988; Murstein, 1972).

Research Methodology:

The present study is based on the primary and secondary data. Primary data provide a firsthand account of the situation. Primary data is the only way of finding out opinions, personal qualities, and attitudes. In present research study structured questionnaires was used by researcher for collecting primary data from various institutes of management studies out of four major cities of Rajasthan i.e. Jaipur, Ajmer, Jodhpur, Bikaner. While source for secondary data were collected from published and unpublished literature.

In present research study the samples are non probability sample based on convenience sampling technique element for the sample are selected for the convenience of researcher. The researcher naturally has chosen elements that are readily available, nearby, easy to reach, willing to participate.

V. HYPOTHESIS ANALYSIS:

Motivation is a very interesting topic for research, though numerous research studies have been conducted at many times. Inspite of that researcher have chosen the same topic with uniqueness in hypothesis. i.e. Psychological Androgyny. H1. Motivation level (Need satisfaction level as per adapted model of Maslow’s Hierarchy of eight levels of need) is much higher amongst those professionals who maintain psychological androgyny personality than only male or female personality characteristics. So researcher analyze this uniqueness by using a standardize BSRI (Bem Sex Role Inventory). For calculating androgyny score a statistical test (t-test) is used i.e. Bem score = Average Feminine traits minus Average Masculine trait and it was found that Bem Score -0.695 shows the sample population is Psychologically Androgynous.

After analyzing the psychological androgyny uniqueness of sample population, researcher found that the level of motivation and need satisfaction is high amongst almost all androgyny people. It was found that only 5% to 7% of sample population feels medium or low level of motivation and need satisfaction. While ranking these analyzed data the Biological and Physiological need comes at first rank, as 98.75% of the sample population is highly satisfied at this level of need according to adapted model of need hierarchy. Cognitive need comes at second rank, as 97.5% of the sample population is highly satisfied at this level of need, but according to adapted model of need hierarchy safety need comes at second level. Safety need comes at third rank, as 96.25% of the sample population is highly satisfied at this level of need, and as per adapted model of need hierarchy belongingness and love needs comes at third level. Transcendence need comes at forth rank, as 96% of the sample population is highly satisfied at this level of need, and adapted model of need hierarchy says Esteem need comes at forth level. Belongingness and Love need comes at fifth rank, as 95.5% of the sample population is highly satisfied at this level of need, whereas in adapted model of need hierarchy it comes at third level. Aesthetic need comes at Sixth rank, as 95% of the sample population is highly satisfied at this level of need, and according to adapted model of need hierarchy this comes at same level. Esteem need comes at Seventh rank, as 94.5% of the sample population is highly satisfied at this level of need, but according to adapted model of need hierarchy esteem need comes at forth level. Self Actualization need comes at Eighth rank, as 93% of the sample population highly satisfied at this level of need, and according to adapted model of need hierarchy this need comes at seventh level. Researcher come with the conclusion that the level of satisfaction and motivation is high amongst professional academicians but the level of hierarchy are not rigid.

And according to H2 Motivational factors lead to higher motivation and job satisfaction, but the absence of these factors will not lead to lower motivation and dissatisfaction. And H3 Lack of hygienic factors lead to lower motivation and dissatisfaction but presence of these will not lead to higher motivation or job satisfaction. Researcher found that there is some controversy in relationship of factors at work place with the level of motivation/ satisfaction and
demotivation/dissatisfaction. Due to exceptional cases some of the hygiene factors are also associated to motivation and satisfaction along with the level of demotivation and dissatisfaction i.e. if we see working condition exceptional respondents association with motivation and satisfaction but as per Herzberg’s two factor theory working conditions are associated with only demotivation and dissatisfaction, but in exceptional cases by providing healthy working conditions as per the expectations of employees their level of motivation and satisfaction can be increased to some extent. A handsome and attractive Salary package is also helpful to increase the level of motivation and satisfaction among employees in some cases. Some time Status is also preferred by employees to increase their level of motivation and satisfaction at work place. Though from majority point of view Job Security is associated with demotivation and dissatisfaction only but in exceptional cases it increases the level of motivation and satisfaction among employees. For reducing the level of dissatisfaction and demotivation among employees, institutions should provide job security to employees.

There are some controversies in association of motivator factors also because of exceptional cases some of the motivator factors are also associated to demotivation and dissatisfaction along with the level of motivation and satisfaction e.g. Recognition though majority respond that it is associated with motivation and satisfaction only but exceptional cases say if employees do not receive proper recognition for efforts they may feel demotivated and dissatisfied at work, institution must have to organize recognition programs for increasing the level of motivation/satisfaction and also for reducing the level of demotivation and dissatisfaction among employees at work place. Sometimes when employees do not get work as per their caliber and choice, in such cases work itself lead for demotivation and dissatisfaction. While giving any assignment to employees, management must consider their expectation, interest and caliber to keep them motivated/satisfied and to also reducing the level of demotivation and dissatisfaction. Some respondent observed that Responsibility also is associated with demotivation and dissatisfaction at work place. While giving any work responsibility to employees management must consider their expectation, interest and caliber to keep them motivated/satisfied and to also reducing the level of demotivation and dissatisfaction.

VI. RECOMMENDATION:

Following are some recommendations on the basis of researcher’s analysis and findings

A. Recommendations for Management Institutes

4) The Management of professional institutions should listen to the view point of academicians in decision making and should also invite their participation for the same

1) The Management of professional institutions should punish slackers, so that equality can be maintained without any biasness

2) The Management of professional institutions should also provide sufficient challenge to academicians for improving competency and team spirit

3) The Management of professional institutions should also provide coaching, counseling and mentoring as required by academicians

4) The Management of professional institutions should always reward and recognize star performers

5) The Management of professional institutions should remember to Say ‘Thank You’ for any assistance other than routine job at work place

6) The Management of professional institutions should always show keen interest in solving any dysfunctional work group conflicts and also insist functional conflict amongst academicians so that the overall performance can be improved with team spirit

7) The Management should always appreciate employees for their individual strengths and support to overcome weaknesses at work place

8) The Management of professional institutions should not take academicians for granted

9) The Management of professional institutions should not treat academicians badly

10) The Management should always ask what they actually want out of work performance at this level

11) The Management should always consider each academician’s age and life stage while designing and assigning roles and responsibilities

12) The Management should always match motivator factors to the institution’s or department’s culture.

13) The Management should always use flexibility (Flexi assignment) wisely. They must allow academicians to telecommute some of the time as per convenience

14) The Management should always offer help with career goals and also design and develop career path as per overall performance

15) The Management should always provide congenial working environment, it is extremely important to maintain a positive attitude towards work

16) The Management should use the open door policy as per the requirement of time and nature

17) The Management should always leave room for error in every line of work. It is important for the Management to assess the creativity and competency of its staff

18) The Management should always keep in mind that motivation must come from within each person. No leader is ever the single and should try to avoid some misconceptions like-

- ‘everyone is like me’
- ‘no-one is like me’
- ‘people don't listen to me’
- ‘some people can't be motivated’
- ‘but I am listening’
- ‘people will rise to tough challenges’
- ‘this type of motivation takes too much time’

B. Recommendations for Professional Academicians

Academicians should try to increase psychological androgyny characteristics at work place

1) Male academicians should openly express feelings of love, fear, anger, pain, joy, loneliness and dependency.
2) Male academicians should personalize experience rather than rely on objectivity and rationality
3) Male academicians should build support system to contribute overall productivity and to show androgyny personality characteristics
4) Male academicians should also learn how to fail at a task without feeling that one has failed as a man, it helps to build androgyny personality characteristics
5) Male academicians may also maintain androgyny features and should value an identity that is not so totally defined by work
6) Male academicians should show androgyny personality by listening empathetically and actively
7) Female academicians need to cultivate androgyny personality by being powerful and forthright and have a direct visible impact on others
8) Female academicians should show creativity and innovativeness while taking any risk at work place like entrepreneur to develop and prove psychological androgyny personality
9) Female academicians should state own needs and refuse to back down to prove at work place
10) Female academicians should recognize equal importance of accomplishing the task as well being concerned about relationship
11) Female academicians should be able to intellectualize and generalize
12) Female academicians should respond directly with ‘I’ statement rather than ‘you’ statements

C. Recommendations for further research
1) For further research one should try to keep accuracy in collection, analysis and interpretation of data
2) Further research may increase the scope of research study and the concept of androgyny may be elaborated with the hormonal composition of human being
3) Further, researcher may conduct the research study for employees from other industrial sectors as well

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